



Need a little extra help? /

Here are just some of the things your *be supported* service can offer you support and information on:

Home or work issues

- Dealing with debt
- Buying a house
- Consumer rights
- Legal matters

Challenging situations

- Family matters
- Stress and anxiety
- Mental resilience
- Caring for someone

Medical concerns

- Worries on your child's health
- Questions you forgot to ask your GP
- Travel health



Your 24/7 information and support service

Call. Any time. Whatever the reason.

0800 531 6091

www.axabesupported.co.uk

Username: **policescotland** Password: **supported**

